



GOOD FOOD BOX

Fresh Produce at a fraction of the Cost!

Under the 'Community Kitchen Program of Calgary', the *Good Food Box* was established to encourage healthy eating while making it affordable for individuals and families alike. The program has been in Wheatland County since the fall of 2014 and offers fresh fruits and vegetables to its clients.

The program continues at this difficult time and is available to anyone.

There are no restrictions to the number of boxes purchased or eligibility of participants.

Each box contains the basic produce staples such as potatoes, carrots, onions, apples and oranges with additional seasonal fruits & vegetables rounding out the weight.

Boxes are available in three different sizes:

SMALL for \$27 (20-25 lbs) **MEDIUM** for \$32 (30-35 lbs) **LARGE** for \$37 (40-45 lbs)

Weights are just an approximate. Weights will vary depending on produce size and density.

*** There is a \$2 shipping fee included within the above-noted prices.*

To order, call us at 403.934.5335. Further details, go to: <https://www.wfcss.org/good-food-box.html>.

DELIVERY	PICK UP
APR 28 TH	MAY 8 TH
MAY 26 TH	JUNE 5 TH
JUNE 16 TH	JUNE 26 TH
Additional date for JULY - TBD	Additional date for JULY - TBD
SEPT 22 ND	OCT 2 ND
OCT 20 TH	OCT 30 TH
NOV 24 TH	DEC 4 TH

