



Caregiver  
Compass  
Group

*Caring for the Caregiver  
in Strathmore & Wheatland County*



CAREGIVER RESOURCE MANUAL

## Are You a Caregiver?

If you are in need of information relating to your wellness and resources that may be sourced for your loved one, contact us on how to get your own copy of the 'Caregiver Resource Manual' - FREE of charge.

CALL: Wheatland FCSS ~ 403.934.5335 or email [info@wfcss.org](mailto:info@wfcss.org)  
We will put you in touch with the nearest location to access a manual.

*The Caregiver Compass Group is a partnership with Alberta Health Services, Calgary Rural Primary Care Network, COMPASS Facilitators including members of our communities, Strathmore FCSS, Wheatland FCSS and Wheatland & Area Hospice Society.*